

Bilag 6 AMSTAR vurderinger

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- Ekstrom M, Bajwah S, Bland JM, Currow DC, Hussain J, Johnson MJ. One evidence base; three stories: do opioids relieve chronic breathlessness? Thorax. 2018;73(1):88-90.
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- Verberkt CA, van den Beuken-van Everdingen MHJ, Schols J, Datla S, Dirksen CD, Johnson MJ, et al. Respiratory adverse effects of opioids for breathlessness: a systematic review and meta-analysis. The European respiratory journal. 2017;50(5).
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- Simon ST, Higginson IJ, Booth S, Harding R, Weingartner V, Bausewein C. Benzodiazepines for the relief of breathlessness in advanced malignant and non-malignant diseases in adults. Cochrane Database of Systematic Reviews. 2016;2016 (10) (no pagination)(CD007354).
Se AMSTAR vurdering side 23.

AMSTAR Checklist

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Article Name:

Barnes 2016

1. Did the research questions and inclusion criteria for the review include the components of PICO?

For Yes:

- Population
- Intervention
- Comparator group
- Outcome

Optional (recommended)

- Timeframe for follow up

- Yes
- No

2. Did the report of the review contain an explicit statement that the review methods were established prior to the conduct of the review and did the report justify any significant deviations from the protocol?

For Partial Yes:

The authors state that they had a written protocol or guide that included ALL the following:

- review question(s)
- a search strategy
- inclusion/exclusion criteria
- a risk of bias assessment

For Yes:

As for partial yes, plus the protocol should be registered and should also have specified:

- a meta-analysis/synthesis plan, if appropriate, and
- a plan for investigating causes of heterogeneity
- a plan for investigating causes of heterogeneity

- Yes
- Partial Yes
- No

3. Did the review authors explain their selection of the study designs for inclusion in the review?

For Yes, the review should satisfy ONE of the following:

- | | |
|--|--|
| <input type="checkbox"/> Explanation for including only RCTs | <input type="checkbox"/> Yes |
| <input type="checkbox"/> OR Explanation for including only NRSI | <input checked="" type="checkbox"/> No |
| <input type="checkbox"/> OR Explanation for including both RCTs and NRSI | |
-

4. Did the review authors use a comprehensive literature search strategy?

For Partial Yes (all the following):

- searched at least 2 databases (relevant to research question)
- provided key word and/or search strategy
- justified publication restrictions (e.g. language)

For Yes, should also have (all the following):

- searched the reference lists / bibliographies of included studies
- searched trial/study registries
- included/consulted content experts in the field
- where relevant, searched for grey literature
- conducted search within 24 months of completion of the review

- Yes
- Partial Yes
- No

5. Did the review authors perform study selection in duplicate?

For Yes, either ONE of the following:

- at least two reviewers independently agreed on selection of eligible studies and achieved consensus on which studies to include
- OR two reviewers selected a sample of eligible studies and achieved good agreement (at least 80 percent), with the remainder selected by one reviewer.

- Yes
- No

6. Did the review authors perform data extraction in duplicate?

For Yes, either ONE of the following:

- at least two reviewers achieved consensus on which data to extract from included studies Yes
 - OR two reviewers extracted data from a sample of eligible studies and achieved good agreement (at least 80 percent), with the remainder extracted by one reviewer. No
-

7. Did the review authors provide a list of excluded studies and justify the exclusions?

For Partial Yes:

- provided a list of all potentially relevant studies that were read in full-text form but excluded from the review

For Yes, must also have:

- Justified the exclusion from the review of each potentially relevant study Yes
 - Partial Yes
 - No
-

8. Did the review authors describe the included studies in adequate detail?

For Partial Yes (ALL the following):

- described populations
- described interventions
- described comparators
- described outcomes
- described research designs

For Yes, should also have ALL the following:

- described population in detail Yes
 - described intervention in detail (including doses where relevant) Partial Yes
 - described comparator in detail (including doses where relevant) No
 - described study's setting
 - timeframe for follow-up
-

9. Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?

RCTs

For Partial Yes, must have assessed RoB from

- unconcealed allocation, and
- lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality)

For Yes, must also have assessed RoB from:

- allocation sequence that was not truly random, and
- selection of the reported result from among multiple measurements or analyses of a specified outcome

- Yes
- Partial Yes
- No
- Includes only NRSI

NRSI

For Partial Yes, must have assessed RoB:

- from confounding, and
- from selection bias

For Yes, must also have assessed RoB:

- methods used to ascertain exposures and outcomes, and
- selection of the reported result from among multiple measurements or analyses of a specified outcome

- Yes
- Partial Yes
- No
- Includes only RCTs

10. Did the review authors report on the sources of funding for the studies included in the review?

For Yes

- Must have reported on the sources of funding for individual studies included in the review. Note: Reporting that the reviewers looked for this information but it was not reported by study authors also qualifies

- Yes
- No

11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?

RCTs

For Yes:

- | | |
|--|---|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present. | <input type="checkbox"/> No |
| <input type="checkbox"/> AND investigated the causes of any heterogeneity | <input type="checkbox"/> No meta-analysis conducted |

For NRSI

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis | <input type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present | <input type="checkbox"/> No |
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12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?

For Yes:

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|--|---|
| <input type="checkbox"/> included only low risk of bias RCTs | <input checked="" type="checkbox"/> Yes |
| <input checked="" type="checkbox"/> OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect. | <input type="checkbox"/> No |
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13. Did the review authors account for RoB in individual studies when interpreting/ discussing the results of the review?

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- included only low risk of bias RCTs Yes
 - OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results No
-

14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?

For Yes:

- There was no significant heterogeneity in the results Yes
 - OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this on the results of the review No
-

15. If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the results of the review?

For Yes:

- performed graphical or statistical tests for publication bias and discussed the likelihood and magnitude of impact of publication bias Yes
 - No No meta-analysis conducted
-

16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?

For Yes:

- The authors reported no competing interests OR

- The authors described their funding sources and how they managed potential conflicts of interest Yes
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To cite this tool: Shea BJ, Reeves BC, Wells G, Thuku M, Hamel C, Moran J, Moher D, Tugwell P, Welch V, Kristjansson E, Henry DA. AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both. *BMJ*. 2017 Sep 21;358:j4008.

AMSTAR Checklist

[Printer Friendly Version](#)

Article Name:

Ekström 2018

1. Did the research questions and inclusion criteria for the review include the components of PICO?

For Yes:

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- Comparator group
- Outcome

Optional (recommended)

- Timeframe for follow up

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- No

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| <input type="checkbox"/> OR Explanation for including both RCTs and NRSI | |
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- justified publication restrictions (e.g. language)

For Yes, should also have (all the following):

- searched the reference lists / bibliographies of included studies
- searched trial/study registries
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- where relevant, searched for grey literature
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-

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For Partial Yes:

- provided a list of all potentially relevant studies that were read in full-text form but excluded from the review

For Yes, must also have:

- Justified the exclusion from the review of each potentially relevant study

- Yes
- Partial Yes
- No

8. Did the review authors describe the included studies in adequate detail?

For Partial Yes (ALL the following):

- described populations
- described interventions
- described comparators
- described outcomes
- described research designs

For Yes, should also have ALL the following:

- described population in detail
- described intervention in detail (including doses where relevant)
- described comparator in detail (including doses where relevant)
- described study's setting
- timeframe for follow-up

- Yes
- Partial Yes
- No

9. Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?

RCTs

For Partial Yes, must have assessed RoB from

- unconcealed allocation, and
- lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality)

For Yes, must also have assessed RoB from:

- allocation sequence that was not truly random, and
- selection of the reported result from among multiple measurements or analyses of a specified outcome

- Yes
- Partial Yes
- No
- Includes only NRSI

NRSI

For Partial Yes, must have assessed RoB:

- from confounding, and
- from selection bias

For Yes, must also have assessed RoB:

- methods used to ascertain exposures and outcomes, and
- selection of the reported result from among multiple measurements or analyses of a specified outcome

- Yes
- Partial Yes
- No
- Includes only RCTs

10. Did the review authors report on the sources of funding for the studies included in the review?

For Yes

- Must have reported on the sources of funding for individual studies included in the review. Note: Reporting that the reviewers looked for this information but it was not reported by study authors also qualifies

- Yes
- No

11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?

RCTs

For Yes:

- | | |
|--|---|
| <input checked="" type="checkbox"/> The authors justified combining the data in a meta-analysis | <input type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present. | <input checked="" type="checkbox"/> No |
| <input type="checkbox"/> AND investigated the causes of any heterogeneity | <input type="checkbox"/> No meta-analysis conducted |

For NRSI

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis | <input type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present | <input type="checkbox"/> No |
| <input type="checkbox"/> AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available | <input type="checkbox"/> No meta-analysis conducted |
| <input type="checkbox"/> AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review | |

12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> included only low risk of bias RCTs | <input type="checkbox"/> Yes |
| <input type="checkbox"/> OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect. | <input checked="" type="checkbox"/> No |
| | <input type="checkbox"/> No meta-analysis conducted |

13. Did the review authors account for RoB in individual studies when interpreting/ discussing the results of the review?

For Yes:

- included only low risk of bias RCTs Yes
 - OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results No
-

14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?

For Yes:

- There was no significant heterogeneity in the results Yes
 - OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this on the results of the review No
-

15. If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the results of the review?

For Yes:

- performed graphical or statistical tests for publication bias and discussed the likelihood and magnitude of impact of publication bias Yes
 - No No
 - No meta-analysis conducted No meta-analysis conducted
-

16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?

For Yes:

- The authors reported no competing interests OR

- The authors described their funding sources and how they managed potential conflicts of interest Yes
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To cite this tool: Shea BJ, Reeves BC, Wells G, Thuku M, Hamel C, Moran J, Moher D, Tugwell P, Welch V, Kristjansson E, Henry DA. AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both. *BMJ*. 2017 Sep 21;358:j4008.

AMSTAR Checklist

[Printer Friendly Version](#)

Article Name:

Verberkt 2017

1. Did the research questions and inclusion criteria for the review include the components of PICO?

For Yes:

- Population
- Intervention
- Comparator group
- Outcome

Optional (recommended)

- Timeframe for follow up

- Yes
- No

2. Did the report of the review contain an explicit statement that the review methods were established prior to the conduct of the review and did the report justify any significant deviations from the protocol?

For Partial Yes:

The authors state that they had a written protocol or guide that included ALL the following:

- review question(s)
- a search strategy
- inclusion/exclusion criteria
- a risk of bias assessment

For Yes:

As for partial yes, plus the protocol should be registered and should also have specified:

- a meta-analysis/synthesis plan, if appropriate, and
- a plan for investigating causes of heterogeneity
- a plan for investigating causes of heterogeneity

- Yes
- Partial Yes
- No

3. Did the review authors explain their selection of the study designs for inclusion in the review?

For Yes, the review should satisfy ONE of the following:

- | | |
|--|---|
| <input type="checkbox"/> Explanation for including only RCTs | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> OR Explanation for including only NRSI | <input type="checkbox"/> No |
| <input type="checkbox"/> OR Explanation for including both RCTs and NRSI | |
-

4. Did the review authors use a comprehensive literature search strategy?

For Partial Yes (all the following):

- searched at least 2 databases (relevant to research question)
- provided key word and/or search strategy
- justified publication restrictions (e.g. language)

For Yes, should also have (all the following):

- searched the reference lists / bibliographies of included studies
- searched trial/study registries
- included/consulted content experts in the field
- where relevant, searched for grey literature
- conducted search within 24 months of completion of the review

- Yes
 - Partial Yes
 - No
-

5. Did the review authors perform study selection in duplicate?

For Yes, either ONE of the following:

- | | |
|---|---|
| <input type="checkbox"/> at least two reviewers independently agreed on selection of eligible studies and achieved consensus on which studies to include | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> OR two reviewers selected a sample of eligible studies and achieved good agreement (at least 80 percent), with the remainder selected by one reviewer. | <input type="checkbox"/> No |
-

6. Did the review authors perform data extraction in duplicate?

For Yes, either ONE of the following:

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7. Did the review authors provide a list of excluded studies and justify the exclusions?

For Partial Yes:

- provided a list of all potentially relevant studies that were read in full-text form but excluded from the review

For Yes, must also have:

- Justified the exclusion from the review of each potentially relevant study

- Yes
- Partial Yes
- No

8. Did the review authors describe the included studies in adequate detail?

For Partial Yes (ALL the following):

- described populations
- described interventions
- described comparators
- described outcomes
- described research designs

For Yes, should also have ALL the following:

- described population in detail
- described intervention in detail (including doses where relevant)
- described comparator in detail (including doses where relevant)
- described study's setting
- timeframe for follow-up

- Yes
- Partial Yes
- No

9. Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?

RCTs

For Partial Yes, must have assessed RoB from

- unconcealed allocation, and
- lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality)

For Yes, must also have assessed RoB from:

- allocation sequence that was not truly random, and
- selection of the reported result from among multiple measurements or analyses of a specified outcome

- Yes
- Partial Yes
- No
- Includes only NRSI

NRSI

For Partial Yes, must have assessed RoB:

- from confounding, and
- from selection bias

For Yes, must also have assessed RoB:

- methods used to ascertain exposures and outcomes, and
- selection of the reported result from among multiple measurements or analyses of a specified outcome

- Yes
- Partial Yes
- No
- Includes only RCTs

10. Did the review authors report on the sources of funding for the studies included in the review?

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- Yes
- No

11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?

RCTs

For Yes:

- | | |
|---|---|
| <input checked="" type="checkbox"/> The authors justified combining the data in a meta-analysis | <input checked="" type="checkbox"/> Yes |
| <input checked="" type="checkbox"/> AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present. | <input type="checkbox"/> No |
| <input checked="" type="checkbox"/> AND investigated the causes of any heterogeneity (der var ingen heterogenitet!) | <input type="checkbox"/> No meta-analysis conducted |

For NRSI

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis | <input type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present | <input type="checkbox"/> No |
| <input type="checkbox"/> AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available | <input type="checkbox"/> No meta-analysis conducted |
| <input type="checkbox"/> AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review | |

12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> included only low risk of bias RCTs | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect. | <input type="checkbox"/> No |
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-

13. Did the review authors account for RoB in individual studies when interpreting/ discussing the results of the review?

For Yes:

- included only low risk of bias RCTs Yes
- No

OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results

14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?

For Yes:

- There was no significant heterogeneity in the results Yes
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To cite this tool: Shea BJ, Reeves BC, Wells G, Thuku M, Hamel C, Moran J, Moher D, Tugwell P, Welch V, Kristjansson E, Henry DA. AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both. *BMJ*. 2017 Sep 21;358:j4008.

AMSTAR Checklist

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Article Name:

Simon et al. 2016

1. Did the research questions and inclusion criteria for the review include the components of PICO?

For Yes:

- Population
- Intervention
- Comparator group
- Outcome

Optional (recommended)

- Timeframe for follow up

- Yes
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- timeframe for follow-up

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- No
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NRSI

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RCTs

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- | | |
|--|---|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present. | <input type="checkbox"/> No |
| <input type="checkbox"/> AND investigated the causes of any heterogeneity | <input type="checkbox"/> No meta-analysis conducted |

For NRSI

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis | <input type="checkbox"/> Yes |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present | <input type="checkbox"/> No |
| <input type="checkbox"/> AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available | <input type="checkbox"/> No meta-analysis conducted |
| <input type="checkbox"/> AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review | |

12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?

For Yes:

- | | |
|---|---|
| <input type="checkbox"/> included only low risk of bias RCTs | <input checked="" type="checkbox"/> Yes |
| <input type="checkbox"/> OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect. | <input type="checkbox"/> No |
| | <input type="checkbox"/> No meta-analysis conducted |

13. Did the review authors account for RoB in individual studies when interpreting/ discussing the results of the review?

For Yes:

- included only low risk of bias RCTs Yes
 - No

 - OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results
-

14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?

For Yes:

- There was no significant heterogeneity in the results Yes
 - No

 - OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this on the results of the review
-

15. If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the results of the review?

For Yes:

- performed graphical or statistical tests for publication bias and discussed the likelihood and magnitude of impact of publication bias Yes
 - No
 - No meta-analysis conducted
-

16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?

For Yes:

- The authors reported no competing interests OR

- The authors described their funding sources and how they managed potential conflicts of interest Yes
 No

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